

BULLETIN 2

National Orienteering Ranking "INOV8 cup" Competition on Middle and Long Distances

14. CENTRAL EUROPEAN SPRING SEPTEMBER ORIENTEERING MEETING 2021





Orienteering club KOBRA Bratislava in cooperation with municipality of Borský Svätý Jur and the main partner - Slovenská sporiteľňa a.s. welcome the competitors on 14-th international orienteering competition CESOM 2021, in Tomky resort. Please mind the following information for successful participation:

- **Organizer** Slovak orienteering sports association Orienteering club KOBRA Bratislava with municipality of Borský Svätý Jur.
- Date 4th September, 2021 (Saturday) national ranking competition INOV-8 cup in middle distance,
 5th September, 2021 (Sunday) national ranking INOV-8 cup competition in long distance.

Classification Open day individual competitions with defined order of control points.

Event Centre Reservoir Horná Studená voda <u>N 48° 35.051 E17° 4.720'</u>

- ParkingPublic Parking (nearby the Event Centre)N 48°35.209' E17° 4.690'
- Registration In the Event Centre: 4-th September, 2021 09:00-11:00, 5-th September, 2021 08:00-09:00.

Each person has to submit the Declaration (see the attachment) and will receive his/her starting bib. Without starting bib, competitor will not be allowed to start in race.

Classes	According to Bulletin 1.			
Catering	In nearby restaurant U Tonky, or in the other venues.			
Start 000	4 th September, 2021 13:00 Middle distan 5 th September, 2021 10:30 Long distance	ce blue tapes blue tapes		
Descriptions	Control point descriptions are printed on the map. Separate descriptions will be available in the start corridor (-2 min).			
WC	In the Event Centre.			
Washing	In the Event Centre (in the Reservoir).			
Emb. areas	Warm-up possible only on the marked way to start.			
Distances	 Parking – EC EC – middle start S1 EC – start cat. MW-R S2 EC – middle finish EC – long start S1 EC – start cat. MW-R S2 EC – long finish The way to start is marked with blue ribbon On both days, beginning of ways to S1 and marked. On Saturday, way to start (both S1 and possible to put your spare clothes in this a On Sunday, way to start leads along reoperation, pay attention, please! 	S2 lead together, split point will be S2) leads around Finish area, it is area. Clothes will not be watched.		
Free start	Competitors in class MW-R have possibility of free starting order, they may start from Start 2 in starting time from 030 until last staring time on Saturday and in starting time from 030 until last staring time on Sunday .			
Child race Punching	In the Event centre, there is a possibility of child race for our littlest athletes. It is possible to participate from starting time 030 until the end of race on each day. Sport Ident Air+ mode will be used, use your SIAC cards for best race and comfort. Finish unit has to be punched by contact , it switches off the Air mode of your SIAC card.			

Maps Middle distance:

Lásek - západ, 1: 10 000, e 2,5 m, A4, for all classes,

Long distance:

Horná Studená voda 1 : 15 000, e 2,5 m, format A4 for classes: W/M-16A, W/M-18A, W/M-20A, W/M21-E, W/M35-A,

Horná Studená voda 2, 1 : 10 000, e 2,5 m, format A3 for classes: M-14A, W/M21-B, W/M40-A, W/M45-A, M50-A, M-55A, M60-A, M65-A,

Horná Studená voda 3, 1 : 10 000, e 2,5 m, format A4 for classes: N, K3, MWR W/M-10C W/M-12A, W-14A, W50-A, W55-A, W60-A, W65-A, W70-A, M70-A,

Maps for middle and long are drawn according ISOM 2017, author O. Piják, survey November 2020 - February 2021, revision August 2021.

Laser print, 90g/m² on "Pretex" paper – waterproof.

The maps will be not collected in the finish. The competitors are asked to behave fair play.

- **Finish area** On Sunday, finish area will be about 200 m before its marked position in map, therefore courses bill be slightly shorter. This change will be properly marked in terrain.
- **Terrain** Flat terrain with sand dunes in some parts of the map. Fast and runnable pine forest combined with grown forest with slow undergrowth. Dense path network. Part of the terrain with marshes, dense vegetation and undergrowth.

We recommend to use proper orienteering clothing for legs. It is prohibited to enter the mark "ISOM 520 Area that shall not be entered" (olive green) areas in the map.

Time limitmiddle120 minuteslong180 minutes

Refreshment In the Event Centre.

Long distance – courses above 60 minutes estimated time – water on marked refreshment points with self-service (mineral water in 0,25 l bottle).

First aid In the Event Centre

Prize-giving Prize-giving ceremony will be held on 5th September 2021 at 14.00. The first three in each category will be awarded.

Org. comitee Competition Director			Štefan Máj	
	Main referee		Martin Jonáš	
	Course setting	middle distance	Adam Jonáš	
		long distance	Karol Hierweg	
	secretary	-	Paulína Májová	

Jury Will be formed in case of need.

Protests Protests can be issued to Chief referee with 10 EUR deposit according to rules.

Rules The competition is held in accordance with SZOŠ rules.

Attention All the competitors start at their own risk, with no possibility for a claim in case of injury happened during or as a cause of this competition.

By taking part in the event, every participant consents to storing his personal data (name, class, club) in the information system of the Slovak Orienteering Association and publishing them on the event websites (in entry and start lists and in the results).

Unless you ask the photographer for a specific exclusion, by taking part in the Event, you consent to be photographed, and waive any and all rights of publicity or privacy and grant the Organiser permission to utilise your image in documentation and marketing materials

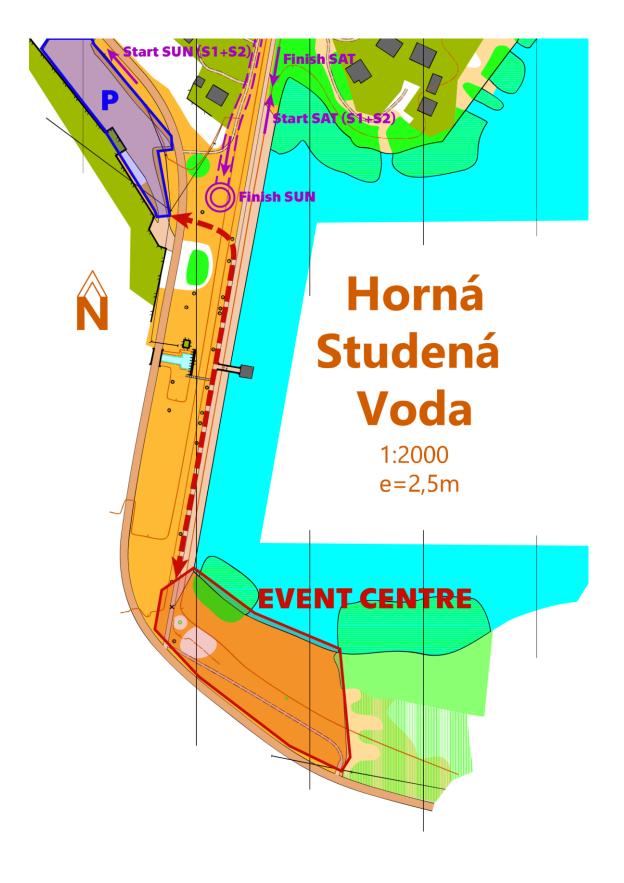
COVID-19 restrictions:

- the competition is organized for persons vaccinated, tested or persons who already fighted off COVID-19,
- at the registration each participant has to submit the Declaration (see attachment),
- at the registration for the competition you have to wear face mask and it is recommended to keep 2m distance from other persons,
- in the area of Event Center everybody has to wear face mask (not valid for leaving the EC going to Start, after completion the race in Finish, during eating, drinking and washing).

The Organisers Orienteering club KOBRA Bratislava, municipality of Borský Svätý Jur and Slovenská sporiteľňa, a.s. wish you a pleasant stay and long-lasting impressions!

Štefan Máj, Competition Director

Martin Jonáš, Main Referee



Appendix 1

Class	Length [km]		Climb [m]		Number of CP	
	<i>E1</i>	<i>E2</i>	E1	<i>E2</i>	E 1	<i>E2</i>
W-12A	2,5	3,2	20	10	11	8
W-14A	3,4	5,1	33	20	11	10
W-16A	3,6	6,0	30	25	10	11
W-18A	4,1	7,0	33	25	13	13
W-20A	4,1	7,4	33	30	13	14
W21-B	4,6	8,2	43	35	13	15
W21-E	5,7	11,8	40	55	16	19
W35-A	5,2	7,8	53	30	15	15
W40-A	5,2	7,0	38	25	14	13
W45-A	5,2	6,6	38	25	14	12
W50-A	4,1	6,0	35	25	11	11
W55-A	4,1	5,1	35	20	11	10
W60-A	3,6	4,0	30	20	10	9
W65-A	3,4	3,5	33	15	11	8
W70-A	3,4	3,5	33	15	11	8
M-12A	2,5	3,2	20	10	11	8
M-14A	3,8	6,6	50	25	12	12
M-16A	4,9	9,6	30	50	13	16
M-18A	5,5	11,8	48	55	17	19
M-20A	5,5	13,2	48	55	17	21
M21-B	6,2	13,2	50	55	17	21
M21-E	7,1	17,1	63	75	23	24
M35-A	6,2	11,8	50	55	17	19
M40-A	5,7	9,6	40	50	16	16
M45-A	5,3	8,7	60	40	13	15
M50-A	5,3	8,2	60	35	13	15
M55-A	5,2	7,8	53	30	15	15
M60-A	5,2	7,0	38	25	14	13
M65-A	3,8	6,6	50	25	12	12
M70-A	3,6	4,0	30	20	10	9
W-10C	2,1	2,3	13	10	9	7
M-10C	2,1	2.3	13	10	9	7
К3	3,8	3,5	50	15	12	8
N	2,5	3,2	20	10	11	8
MW-R	1,1	1,4	10	5	6	5
Child race	<1	<1	5	5	7	7

Course lenghts, climbings and number of control points for categories/competitions

DECLARATION

The informations in this declaration will serve for record keeping of the persons participating on Orienteering competition CESOM held on 4th – 5th of September 2021 in Tomky resort (Borský Svätý Jur).

Name, Surname		
Telephone number	 E-mail	

I declare that I fulfill one of below mentioned conditions (mark with a cross):

() I completed not later than before 72 hours a PCR test with negative result,

() I completed not later than before 24 hours a antigen test with negative result,

() I completed not less than before 21 days but not more than 90 days a vaccination with first dose of anti-COVID-19 vaccine with doubledose vaccine,

() I completed not less than before 21 days a vaccination with first and second dose of anti-COVOD-19 vaccine with doubledose vaccine,

() I completed not less than before 21 days a vaccination with anti-COVID-19 vaccine with singledose vaccine,

() I completed not less than befor 21 days a vaccination with first dose of anti-COVID-19 vaccine during 180 days after fighted off the COVID-19 illness,

() I fighted off the COVID-19 illness befor not more than 180 days,

() I am a child up to 12 years old

and at the same time I do not have clinical symptoms of COVID-19 illness.

This declaration I can in case of neccesity prove with relevant document.

Date

Signature

The organizer will keep this declaration during two weeks according to Regulation Public Health Authority of Slovak republic No. 223 from June 25th, 2021. After expiration of two weeks the declaration will be shred.