



## Bulletin

### Slovak ranking event – Middle and Long distance 19<sup>th</sup> edition CESOM 2026

<b>Organizers</b>	Slovak Orienteering Association, Orienteering Club KOBRA Bratislava.	
<b>Date</b>	14 <sup>th</sup> – 15 <sup>th</sup> March 2026 (1-st day Middle distance, 2-nd day Long distance)	
<b>Classification</b>	Individual competition on Middle (Sat) and Long (Sun) distance.	
<b>Winning times</b>	According to the Slovak O-rules for Orienteering (Pravidlá OB a Súťažný poriadok).	
<b>Event Centre</b>	Šajdíkove Humence, <a href="#">Penati Golf Resort</a> (GPS: 48.403136, 17.191644). The recommended access to the Event Centre is by turning right from Road I/500 Kúty–Senica before the village of Čáčov (the junction is marked by large navigation signs for Penati Golf Resort).	
<b>Parking</b>	In the designated area within the Penati Golf Resort. When parking, please follow the instructions of the organisers. The parking fee is €1 per passenger car per day, €2 per minibus per day, and €5 per bus per day. Please have coins ready for payment.	
<b>Registration</b>	14. 3. 2026 from 10:00 a.m. till 12:00 p.m. in the Event Centre, 15. 3. 2026 from 08.30 a.m. do 09:00 a.m. in the Event Centre.	
<b>Classes</b>	W 12A, 14A, 16A, 18A, 20A, 21A,B, 35A, 40A, 45A, 50A, 55A, 60A, 65A, 70A, 75A, M 12A, 14A, 16A, 18A, 20A, 21A,B,C, 35A, 40A, 45A, 50A, 55A, 60A, 65A, 70A, 75A, Public categories: W 10, M 10, MWR (accompanied children), K – short course with length approx. 3 km, N – newcomers (easy course suitable for beginners),	
<b>Distances</b>	Parking – Event Centre (EC)	0-400 m
	EC – Start 1 Middle distance	1 600 m /10 m
	EC – Start 2 Middle (only cat. MWR; M, W 10)	50 m
	EC –Finish 2 Middle (only cat. MWR; M, W 10)	150 m
	EC – Finish 1 Middle distance	300 m
	EC – Start 1 Long distance	2500 m /15 m
	EC – Start 2 Long distance (only cat. MWR; M, W 10)	70 m
	EC – Finish 1 Long distance	150 m
	EC – Finish 2 Long distance (only cat. MWR; M, W 10)	70 m

For both stages (Saturday and Sunday), there are two starts. The route to Start 1 will be marked with blue ribbons and, in Stage 1 (Saturday), it follows an access road with occasional traffic of motor vehicles, cyclists and pedestrians, so please be careful. At Start 1 on both days, it will be possible to check your start time before entering the start corridor by inserting your SI chip into the reading unit; the screen will then display the competitor's start time as an alternative to the start list.

The route from Finish 1 of the middle distance race (Saturday) will be marked with red ribbons (300 m, paved road).

Start 2 and Finish 2 apply only to the W10, M10 and MWR categories and will be located close to the Event Centre, within sight on both days.

**Competitors are kindly requested to use only the route to the start for warm-up, jogging or CD.**

<b>Start 00</b>	14. 3. 2026 13:00 blue ribbons 15. 3. 2026 10:00 blue ribbons
<b>Free start order</b>	Only for categories MWR, M 10 a W 10 (Start/Finish is close to EC).
<b>Control descriptions</b>	Control descriptions will be printed on the maps, and will be also available at the prestart (at -2 minutes).
<b>Maps</b>	The maps are printed on Pretex waterproof paper (120 g/m <sup>2</sup> ). Maps are drawn according to ISOM 2017-2, mapmaker O. Piják.

#### Middle distance

Horniačka 1: 10 000 E=2.5 m,  
Reg. n. SZOŠ 26.16.0, size A4 for all categories ex. MWR, MW10,

#### Long distance

Hlaviny 1:15 000 E=2.5 m,  
Reg. n. SZOŠ 26.17.0, size A3, cat.: M 21 A, M 21 B, W 21 A,

Hlaviny II 1:15 000 E=2.5 m  
Reg. n. SZOŠ 26.18.0, size A4, cat.: M 14 A, M 16 A, M 18 A, M 20 A, M 21 C, M 35 A, W 14 A, W 16 A, W 18 A, W 20 A, W 21 B, W 35 A,

Hlaviny III 1:10 000 E=2.5 m,  
Reg. n. SZOŠ 26.19.0, size A3, cat.: W 55 A, M 50 A, M 40 A, M 45 A, M 55 A, W 40 A, M 60 A, W 45 A, M 65 A, W 50 A,

Hlaviny IV 1:10 000 E=2.5 m,  
Reg. n. SZOŠ 26.20.0, size A4, cat.: M 12 A, M 70 A, M 75 A, W 12 A, W 60 A, W 65 A, W 70 A, W 75 A, K, N.

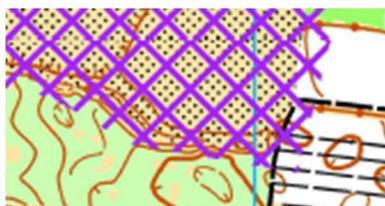
Penacké gríny 1: 7 500, E=2,5 m  
Reg. n. SZOŠ 26.21.V, size A5, cat.: MWR, W 10, M 10 (both days)

Maps will be collected in the Finish and will be handed out after the last start on Sunday.

**Punching system** SportIdent Air+

**Terrain** Plain terrain, sand dunes with indistinct terrain details, clear pine forest. Mostly excellent, visibility and runnability, sometimes worsened in thicket and overgrown clearings (mainly on the middle distance). On Sunday, the terrain is a very runnable pine forest with a dense network of paths. In part of the long-distance area, thinning operations were carried out during the week before the event, and as a result, new indistinct forest tracks may appear.

**Forbidden area** Warm-up is allowed only on the road between the parking area and the Event Centre and on the marked route to the start. Please do not use the grassy areas of the golf courses for warm-up under any circumstances. On both days, some courses run near an extraction area marked on the map with symbol 709 Forbidden area (see the figure below). This area is not marked with tape in the terrain. For the safety of competitors, entry into this area is strictly forbidden. Please make sure to inform your childrens as well.



<b>Starting bibs</b>	Not used.
<b>Finish closing time</b>	14. 3. 2026 16:40 15. 3. 2026 15:15
<b>Refreshments</b>	Water and water with syrup will be available at the finish. Long distance: on courses with an expected winning time of over 60 minutes, water will be available at refreshment stations.
<b>Catering</b>	A buffet will be available at the EC, with additional restaurants in the surrounding area.
<b>Toilets and facilities</b>	Changing rooms, toilets and showers are available at the Event Centre. Please help keep the area clean and tidy so that we may use these comfortable facilities again on another occasion. Spiked shoes and muddy footwear are not allowed inside.
<b>First aid.</b>	At the EC.
<b>Results</b>	Preliminary results will be displayed at the Event Centre. Preliminary results, including split times from radio controls, will be available online at <a href="https://oresults.eu">oresults.eu</a> .

Transmission from the radio controls is provided with the support of Orange Slovensko a. s.

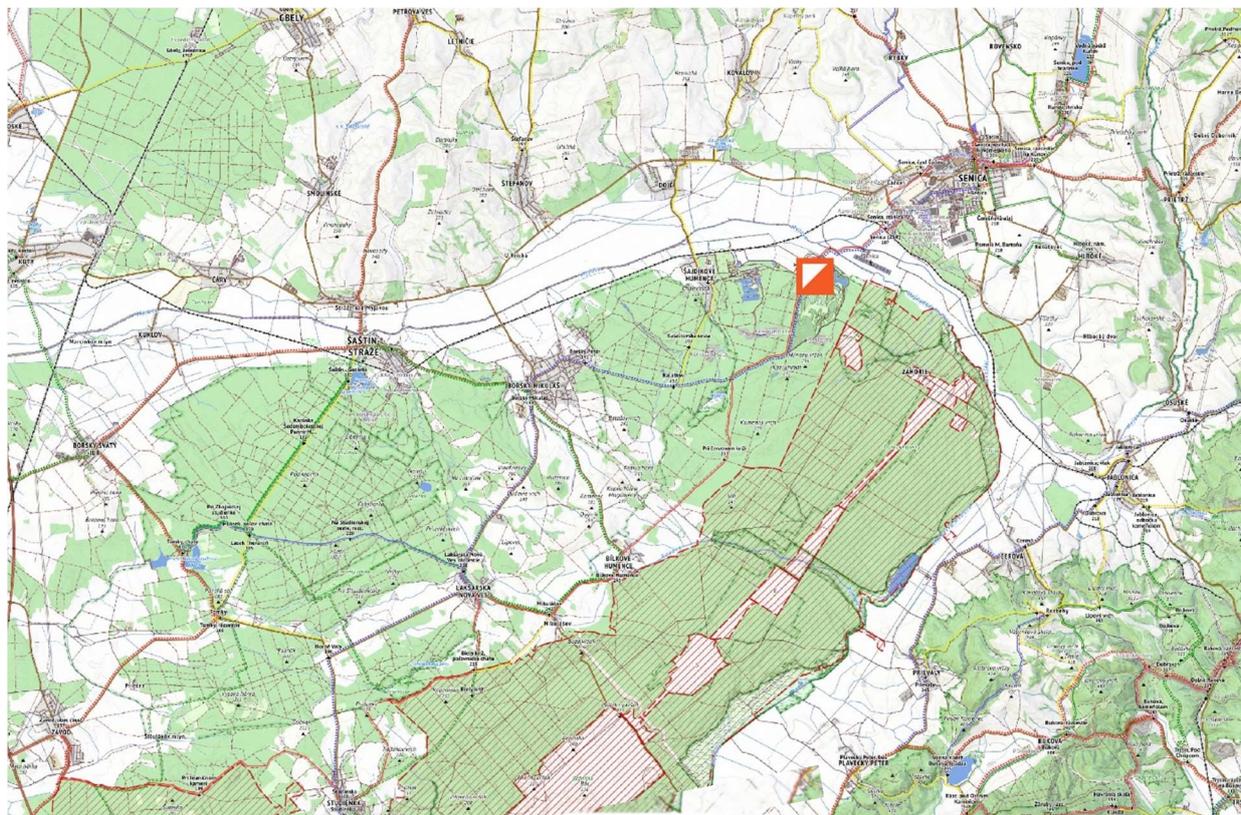


<b>Prizes</b>	First three competitors according to overall time in both races will receive small prizes. The Prize-giving ceremony will be held on 15. 3. approx. at 1:30 p.m.
<b>Informations</b>	<a href="https://kobra-orienteeing.sk">kobra-orienteeing.sk</a> Contact E-mail: <a href="mailto:karol.hierweg@gmail.com">karol.hierweg@gmail.com</a>
<b>Notice</b>	All competitors take part in the event voluntarily and at their own risk, without any entitlement to compensation for injury or accident sustained during or as a consequence of the event. The event takes place within the Záhorie Protected Landscape Area, which is subject to the second level of nature protection. The competition area also includes the Bahno Protected Area, which is marked on the maps as forbidden area. Competitors are requested to avoid this area, as it is not marked in the terrain. By entering the event, each participant agrees to the publication of their personal data (name, category, club affiliation) in the entry list, start list and results on the event website and in the SZOŠ information system. During the event, photographs will be taken for the purpose of informing the public, for competitors' personal use as a memory of the event, and for the promotion of orienteering. If you do not agree to being photographed, please inform the photographer immediately. Žiadame pretekárov, aby si vyprodukovaný odpad odniesli so sebou a nenechávali ho v centre pretekov a jeho okolí.

Štefan Máj  
Event director

Jozef Wallner  
Event adviser

Annex 1 Event Centre and situation



Picture 1: Event Centre of the Cesom 2026



Picture 2: : detailed map of the Event Centre CESOM 2026 – Penati Golf Resort Senica

## Annex 2 – Course details

## Course lengths

Category	Middle distance 14.3.2026			Long distance 15.3.2026		
	<i>length [km]</i>	<i>Climb. [m]</i>	<i>N. of CP</i>	<i>Length [km]</i>	<i>Climb. [m]</i>	<i>N. of CP</i>
M 10	1,4	15	7	1,6	10	7
M 12 A	2,8	35	10	3,2	30	7
M 14 A	2,8	35	10	6,5	60	10
M 16 A	3,5	40	12	9,3	80	11
M 18 A	4,3	45	16	9,6	90	12
M 20 A	4,4	50	16	11,7	105	16
M 21 A	6,6	80	23	19,6	180	27
M 21 B	5,0	55	16	12,2	115	14
M 21 C	3,4	40	12	7,2	65	10
M 35 A	5,5	65	18	11,7	105	16
M 40 A	5,6	60	16	11,0	100	14
M 45 A	5,6	60	16	9,4	90	11
M 50 A	5,0	55	16	9,3	80	11
M 55 A	4,3	45	16	8,4	80	11
M 60 A	3,1	40	10	8,1	75	11
M 65 A	3,1	40	10	7,3	70	12
M 70 A	2,6	30	9	5,2	50	10
M 75 A	2,3	25	9	4,6	40	9
W 10	1,4	15	7	1,6	10	7
W 12 A	2,4	30	9	3,2	30	7
W 14 A	2,8	35	10	3,8	35	7
W 16 A	2,8	35	10	6,5	60	10
W 18 A	3,2	40	11	7,2	65	10
W 20 A	3,2	40	11	9,6	90	12
W 21 A	5,5	65	18	13,5	125	18
W 21 B	4,4	50	16	7,2	65	10
W 35 A	4,4	50	16	9,6	90	12
W 40 A	3,5	40	12	8,4	80	11
W 45 A	3,4	40	12	8,1	75	11
W 50 A	3,1	40	10	7,3	70	12
W 55 A	2,6	30	9	6,5	60	10
W 60 A	2,6	30	9	5,2	50	10
W 65 A	2,3	25	9	5,1	45	11
W 70 A	2,3	25	9	4,6	40	9
W 75 A	2,3	25	9	3,5	35	6
K	2,8	35	10	5,1	45	11
MWR	1,4	15	6	1,6	10	7
N	2,4	30	9	3,2	30	7